



hampshire track & field championships portsmouth 10-11 may 2008

under uka rules

entry form saturday 10 may and sunday 11 may 2008 mountbatten centre, portsmouth from 10.00

- All entrants must have **Hampshire qualifications**: a. birth or b. nine months continuous residence or H.M. Forces service, prior to the Championships, in Hampshire, the Isle of Wight or Channel Islands, and must not have competed for another county or in another county's championships during the preceding year.
- CLUB OR APPROVED REPRESENTATIVE VESTS MUST BE WORN. FOR HEALTH AND SAFETY REASONS, HEADPHONES MUST NOT BE WORN IN THE ARENA.**

3. Age Group Qualifying Dates

Age Group	Must be born between	Limitation of events
U13B	U13G 1 Sep 1995 - 10 May 1997*	U13, U15 and U17 athletes must not compete in more than three individual events in any one day.
U15B	U15G 1 Sep 1993 - 31 Aug 1995	
U17M	U17W 1 Sep 1991 - 31 Aug 1993	
U20M	U20W 1 Jan 1989 - 31 Aug 1991	
SM	SW on or before 31 Dec 1988	For U20 athletes the maximum is five . There is no limit for senior athletes.

* athletes must be at least 11 years old on day of competition.

- From the **Provisional Timetable** overleaf choose the events in which you wish to compete, and write their numbers and names in the spaces provided on the entry form. Please enter your **best performance** gained in the last three years, to assist in announcing, seeding and grading of races. Veterans should enter their best performance gained in the last two years.

Note: The finalised timetable will be published on the Hampshire AA web site one week before the championship.

- Detach the entry form and send it with your total entry fee for events to:
Alan Ive, 25 Manor Gardens, Southbourne, EMSWORTH, Hants, PO10 8PA
by **THURSDAY 24TH APRIL**. Late entries will only be considered in exceptional circumstances, and no entries will be accepted on either day of the championships.
Championship Secretary: Alan Ive
email: alan@ive.fsnet.co.uk

www.athletics.hampshire.org.uk

HAMPSHIRE A.A. TRACK & FIELD CHAMPIONSHIPS ENTRY FORM - USE CAPITAL LETTERS PLEASE

Surname

Forename M/F

Club

Date of Birth DAY - MONTH - YEAR

Age Group

Full Postal Address

Postcode

Telephone No.

email

Details of Events Entered P.B. gained in the last three (vets: two) years

Event No.	Name of Event	Entry fee (there is no need to send an SAE with your entry):
<input type="text"/>	<input type="text"/>	One event: £6.00
<input type="text"/>	<input type="text"/>	Two events: £9.00
<input type="text"/>	<input type="text"/>	Three events: £11.00
<input type="text"/>	<input type="text"/>	Additional events: £2.00 each
<input type="text"/>	<input type="text"/>	Cheques payable to: Hampshire A.A.
<input type="text"/>	<input type="text"/>	Total entry fee £..... enclosed

I declare that I have a Hampshire qualification and that I am an amateur as defined by U.K. Athletics rules.

Must be signed by competing athlete

Signature **Date**
If you do not want your entry details to be passed to Team Managers in connection with the selection of Hampshire teams please tick box.

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provisional timetable

Write the event numbers and the names of those events you wish to enter, together with your best performances, in the boxes overleaf. All times shown are provisional and are to help you plan entries. The actual times (but not the day) may be changed depending on entries received.

UNDER 13 BOYS			UNDER 15 BOYS			UNDER 17 MEN			UNDER 20 MEN			SENIOR MEN		
Time	Event	Event No	Time	Event	Event No	Time	Event	Event No	Time	Event	Event No	Time	Event	Event No
SATURDAY														
10.00	Pole Vault	—	12.00	Pole Vault	—	10.00	400m Hurdles	HEATS 49	10.00	400m Hurdles	HEATS 69	10.00	400m Hurdles	HEATS 89
11.00	200m	HEATS 2	11.00	200m	HEATS 22	10.00	Pole Vault	—	11.00	200m	HEATS 62	11.00	200m	HEATS 82
11.00	Shot	—	11.00	Triple Jump	—	10.00	Long Jump	—	11.00	Javelin	—	11.00	Javelin	—
12.00	2000m Walk	FINAL 10	11.00	Shot	—	10.00	Discus	—	12.00	3000m Walk	FINAL 70	12.00	3000m Walk	FINAL 90
12.00	Long Jump	—	12.00	3000m Walk	FINAL 13	11.00	200m	HEATS 30	12.30	400m Hurdles	FINAL 42	12.30	400m Hurdles	FINAL 62
13.15	Javelin	—	12.45	3000m	FINAL 26	12.00	3000m Walk	FINAL 50	13.00	800m	HEATS 64	13.00	800m	HEATS 84
14.25	800m	HEATS 4	13.15	Javelin	—	12.30	400m Hurdles	FINAL 42	13.15	Pole Vault	—	13.15	Pole Vault	—
14.30	Discus	—	14.25	800m	HEATS 24	13.00	800m	HEATS 44	14.45	200m	FINAL 54	14.45	200m	FINAL 74
14.45	200m	FINAL 11	14.30	Discus	—	13.15	Triple Jump	—	15.40	800m	FINAL 54	15.40	800m	FINAL 74
14.45	High Jump	—	14.45	200m	FINAL 33	14.45	200m	FINAL 54	16.30	3000m	FINAL 66	16.30	Long Jump	—
17.20	800m	FINAL 11	14.45	Long Jump	—	15.40	800m	FINAL 54	16.30	Long Jump	—	16.30	5000m	FINAL 86
SUNDAY														
10.15	100m	HEATS 1	17.20	800m	FINAL 11	16.30	3000m	FINAL 46	SUNDAY			SUNDAY		
12.40	1500m	HEATS 5	10.15	100m	HEATS 21	16.30	Shot	—	10.00	Triple Jump	—	10.00	Triple Jump	—
13.30	75m Hurdles	HEATS 8	10.15	100m	HEATS 37	10.15	100m	HEATS 41	10.15	100m	HEATS 61	10.15	100m	HEATS 81
14.10	100m	FINAL 11	11.00	Hammer	—	11.00	Hammer	—	11.00	High Jump	—	11.00	High Jump	—
16.00	1500m	FINAL 11	11.40	400m	HEATS 23	11.40	400m	HEATS 57	11.40	400m	HEATS 67	11.40	400m	HEATS 87
16.20	75m Hurdles	FINAL 11	11.40	400m	HEATS 25	11.40	400m	HEATS 57	12.00	Hammer	—	12.00	Hammer	—
			13.35	80m Hurdles	HEATS 28	12.40	1500m	HEATS 45	13.00	110m Hurdles	HEATS 68	13.00	110m Hurdles	HEATS 88
			14.10	100m	FINAL 31	13.05	100m Hurdles	HEATS 48	13.00	Discus	—	13.00	Discus	—
			15.30	High Jump	—	13.30	High Jump	—	13.45	1500m	HEATS 65	13.45	1500m	HEATS 85
			15.45	400m	FINAL 16	14.00	Javelin	—	14.10	100m	FINAL 65	14.10	100m	FINAL 85
			16.00	1500m	FINAL 16	14.10	100m	FINAL 47	14.45	2000m S'chase	FINAL 67	15.00	Shot	—
			16.20	80m Hurdles	FINAL 16	14.45	1500m S'chase	FINAL 47	15.00	Shot	—	15.05	3000m S'chase	FINAL 87
						15.45	400m	FINAL 47	15.45	400m	FINAL 67	15.45	400m	FINAL 87
						16.00	1500m	FINAL 47	16.45	110m Hurdles	FINAL 67	16.45	110m Hurdles	FINAL 87
						16.40	100m Hurdles	FINAL 47	16.50	1500m	FINAL 67	16.50	1500m	FINAL 87
<div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>† NOTE: If heats are not required in 300/400m HURDLES events, the finals will be scheduled at 10.00.</p> </div>														
UNDER 13 GIRLS			UNDER 15 GIRLS			UNDER 17 WOMEN			UNDER 20 WOMEN			SENIOR WOMEN		
Time	Event	Event No	Time	Event	Event No	Time	Event	Event No	Time	Event	Event No	Time	Event	Event No
SATURDAY														
10.10	100m	HEATS 101	10.00	Pole Vault	—	10.00	High Jump	—	10.00	High Jump	—	10.00	High Jump	—
10.40	800m	HEATS 104	10.10	100m	HEATS 132	10.00	Pole Vault	—	10.00	Pole Vault	—	10.00	Pole Vault	—
12.00	2000m Walk	FINAL 110	10.40	800m	HEATS 121	10.10	100m	HEATS 152	10.10	100m	HEATS 172	10.10	100m	HEATS 192
12.00	High Jump	—	11.00	Triple Jump*	—	11.40	300m	HEATS 143	11.50	400m	HEATS 163	11.50	400m	HEATS 183
13.20	70m Hurdles	HEATS 108	12.00	2500m Walk	FINAL 134	12.00	3000m Walk	FINAL 143	12.00	3000m Walk	FINAL 163	12.00	3000m Walk	FINAL 183
14.45	Javelin	—	12.00	High Jump	—	12.00	Shot	—	12.00	Shot	—	12.00	Shot	—
14.45	800m	FINAL 118	13.30	75m Hurdles	HEATS 131	13.40	80m Hurdles	HEATS 150	13.50	100m Hurdles	HEATS 170	13.50	100m Hurdles	HEATS 190
15.05	100m	FINAL 118	13.55	800m	FINAL 128	14.0	300m	FINAL 148	14.15	400m	FINAL 168	14.15	400m	FINAL 188
16.10	70m Hurdles	FINAL 118	14.05	Javelin	—	15.05	1500m	HEATS 145	15.05	100m	FINAL 168	15.05	100m	FINAL 188
SUNDAY														
10.00	Shot	—	15.05	100m	FINAL 138	15.05	1500m	HEATS 145	15.30	1500m	HEATS 165	15.30	1500m	HEATS 185
11.00	200m	HEATS 102	16.05	75m Hurdles	FINAL 138	16.00	80m Hurdles	FINAL 156	15.55	100m Hurdles	FINAL 165	15.55	100m Hurdles	FINAL 185
13.10	1500m	HEATS 105	10.00	Shot	—	16.15	Discus	—	16.15	Discus	—	16.15	Discus	—
14.30	Long Jump	—	10.00	Hammer*	—	17.10	1500m	FINAL 156	16.20	1500m	FINAL 176	16.20	1500m	FINAL 196
15.00	Discus	—	11.00	200m	HEATS 137	SUNDAY			SUNDAY			SUNDAY		
15.20	200m	FINAL 116	13.00	Long Jump	HEATS 122	10.00	Hammer	—	10.00	400m Hurdles	HEATS 169	10.00	400m Hurdles	HEATS 189
17.00	1500m	FINAL 116	13.10	1500m	HEATS 133	10.05	300m Hurdles	HEATS 149	10.40	Hammer	—	10.40	Hammer	—
			15.00	Discus	HEATS 125	10.40	300m	FINAL 146	10.40	300m	FINAL 177	10.40	300m	FINAL 197
			15.20	200m	FINAL 136	11.00	200m	HEATS 142	11.00	200m	HEATS 162	11.00	200m	HEATS 182
			17.00	1500m	FINAL 136	12.00	Long Jump	—	12.00	Long Jump	—	12.00	Long Jump	—
						12.00	800m	HEATS 144	12.10	800m	HEATS 164	12.10	800m	HEATS 184
						12.30	300m Hurdles	FINAL 153	12.35	400m Hurdles	FINAL 164	12.35	400m Hurdles	FINAL 184
						15.20	200m	FINAL 154	15.20	200m	FINAL 174	15.20	200m	FINAL 194
						16.00	Triple Jump	—	16.00	Triple Jump	—	16.00	Triple Jump	—
						16.30	800m	FINAL 154	16.30	800m	FINAL 174	16.30	800m	FINAL 194
						16.30	Javelin	—	16.30	Javelin	—	16.30	Javelin	—

2000m steeplechase for senior, under 20 and under 17 women (trial county and open event)

**bank holiday monday 5 may 2008
mountbatten centre, portsmouth at 12.15**

This Women's Steeplechase has been introduced as a trial County (non-championship) and Open event and will be held on the same day as the Hampshire AA Multi-Events Championships. It is open to all athletes whether or not they have Hampshire qualifications.

Entry fee: £6.00

For further details, see separate entry form, log on to the Hampshire AA website or contact the Championship Secretary at the address overleaf.